



EDGAR SEWTER FAMILY FUN SESSIONS – AFTER SCHOOL CLUB

Starting Tuesday 19th June 3.45pm – 4.45pm

We pride ourselves on doing lots of things at school to encourage our children on how to look after themselves. As part of this we'll be running an after-school club for the whole family – parents, carers, children, brothers and sisters.

This will include games, activities, prizes, tips and information to take away about keeping happy and healthy.

They'll be different topics each week covering things like the food we eat, keeping active, the importance of sleep and more besides.

The club will be free to all and we're pleased that One Life Suffolk will be helping to run it.

Look out for a letter coming out after half term to sign up.

Sessions to be held on 19th & 26th June 3rd 10th 17th July