

Edgar Sewter Primary School

Headteacher: Miss K Milk



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Thursday 6th September 2018

Dear Parents & carers

At the end of last year, there was some confusion over snacks allowed at breaktime and I said we would clarify the situation at the start of the new term.

Breaktime snacks

There will still be the mid-morning munch on sale for 50p each break time.

Also allowed:

Fruit and vegetables

Cheese and crackers

Breadsticks

Homemade scones, cheese straws, healthy/low sugar muffins/flapjacks

Rice cakes

No items containing nuts

No crisps

No items containing chocolate

No shop brought biscuits, cakes, cereal bars

No sweets

Water bottles for class should only contain plain water however a small carton of juice or squash is allowed as part of a packed lunch.

Many thanks for your support in this matter.

Mrs Lisa Woods

Deputy Head

